

**Weekly paclitaxel as first-line chemotherapy and trastuzumab in patients with advanced breast cancer. A Hellenic Cooperative Oncology Group phase II study.**

[Fountzilas G](#), [Tsavdaridis D](#), [Kalogera-Fountzila A](#), [Christodoulou CH](#), [Timotheadou E](#), [Kalofonos CH](#), [Kosmidis P](#), [Adamou A](#), [Papakostas P](#), [Gogas H](#), [Stathopoulos G](#), [Razis E](#), [Bafaloukos D](#), [Skarlos D](#).

**Source**

First Department of Internal Medicine, Aristotle University of Thessaloniki Medical School, Macedonia, Greece. [fountzil@med.auth.gr](mailto:fountzil@med.auth.gr)

**Abstract**

**AIM:**

To evaluate the activity and acute toxicity of the combination of weekly paclitaxel as first-line chemotherapy and trastuzumab, in patients with HER-2/neu overexpressing advanced breast cancer (ABC).

**BACKGROUND:**

Weekly paclitaxel has been shown to be a well tolerated treatment with considerable activity in patients with ABC. Clinical trials with trastuzumab, a humanized anti-p185 HER-2/neu monoclonal antibody have demonstrated that this agent produces objective responses in patients with ABC.

**PATIENTS AND METHODS:**

From December 1998 to April 2000, 34 patients with HER-2/neu overexpressing ABC were treated with weekly paclitaxel; given by one-hour infusion at a dose of 90 mg/m<sup>2</sup> immediately followed by trastuzumab, 4 mg/kg as a loading dose and 2 mg/kg i.v. given over 30 min, thereafter weekly for at least 12 weeks. Expression of HER-2/neu was determined by immunohistochemical analysis on fixed, paraffin-embedded tissues. Eligible patients were required to have > or = 25% stained tumor cells.

**RESULTS:**

Thirty-three patients completed at least 12 weeks of combined treatment. After completion of the 12th week of treatment, four patients (12%) achieved complete and 17 (50%) partial response. Median duration of response was 11.6 months. More frequent side effects included anemia (56%), neutropenia (27%), peripheral neuropathy (78%), diarrhea (30%), alopecia (70%), arthralgias/myalgias (62%), fatigue (59%) and hypersensitivity reactions (62%). Median time to progression was nine months while median survival had not been reached

**CONCLUSIONS:**

The combination of weekly paclitaxel and trastuzumab is a safe and active regimen for patients with HER-2/neu overexpressing ABC. Randomized phase III studies with this combination are warranted.